

PLACERVILLE RECREATION AND PARKS

# ACTIVITY GUIDE

WINTER/SPRING 2016



**CREATING COMMUNITY THROUGH  
PEOPLE, PARKS, AND PROGRAMS!**



CITY OF PLACERVILLE • 549 MAIN STREET, PLACERVILLE, CA 95667

[WWW.CITYOFPLACERVILLE.ORG](http://WWW.CITYOFPLACERVILLE.ORG) • (530) 642-5232



# CITY OF PLACERVILLE RECREATION & PARKS DEPARTMENT

549 Main Street, Placerville, CA 95667

## RECREATION & PARKS DEPARTMENT OFFICE HOURS & PHONE NUMBERS

Monday-Friday: 8 AM-5 PM  
Closed: Saturday & Sunday

Phone: (530) 642-5232  
Fax: (530) 642-5236

## HOLIDAYS CLOSED

Christmas Eve & Christmas Day: 12/24 & 12/25  
New Year's Eve & New Year's Day: 12/31 & 1/1  
Martin Luther King Jr Day: 1/18  
President's Day: 2/15

## RECREATION STAFF

Director of Community Services: Steve Youel  
Recreation Superintendent: Matt Lishman  
Recreation Supervisor: Monique Plubell  
Recreation Supervisor: Kimberly Stewart  
Recreation Coordinator: Julie Burnside  
Administrative Secretary: Candace Bernardi

## PARKS STAFF

Maintenance Superintendent: Bob Pyne  
Parks Crew: Frank Jacobi, Tyler Jilbert,  
Jim Lane, and David Robinson

## RECREATION AND PARKS COMMISSION

Jerry Barton, Andrew Mathews, Jackie Neau, Peter Nolan, and Richard Zito

## CITY COUNCIL

City Manager: Cleve Morris  
City Attorney: John Driscoll  
Council Members: Mayor Patricia Borelli, Vice-Mayor Trisha Wilkins, Council Members John Clerici, and Wendy Thomas

Cover photograph taken by Dustin Brown.

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# Youth Enrichment Classes

## Tea Party

### Ages 3-13

Jammin' Dance will be hosting a special Tea Party!! We will be doing lots of activities, such as Tea Party Etiquette, Waltzing, Dancing, Artwork, Crafts, Games, and of course a full Tea Party, with finger food entrees! Please dress up for this event! Formal wear or princess outfits are recommended! Spaces are limited, be sure to pre-register!

14071 • Sat • 2/6 • 12-2 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Kay Lenhart  
Fee: \$20  
Material Fee: \$2 (paid to instructor)

## Child and Babysitting Safety

### Ages 11-15

A course for building a safe and successful babysitting business. Covers getting started, leadership, caregiving, safety & prevention, playtime, and first aid tips. No CPR training in this class, see Babysitting CPR.

13902 • Tu/W • 1/5-1/6 • 5:30-8:30 PM  
13903 • Tu/W • 2/9-2/10 • 5:30-8:30 PM  
13904 • Tu/W • 3/8-3/9 • 5:30-8:30 PM  
13905 • Tu/W • 4/5-4/6 • 5:30-8:30 PM

Location: Rescue Training Institute  
13405 Folsom Boulevard  
Folsom, Suite 150  
Instructor: Rescue Training Institute  
Fee: \$55  
Materials Fee: \$5 (paid to instructor)

## Babysitting CPR

### Ages 11-15

Learn CPR, relief of foreign body airway obstruction, the AHA pediatric infant and child Chain of Survival, signs of choking, and prevention of the most common injuries in infants and children. Designed for those who have completed the Child and Babysitting Safety course.

14032 • F • 1/8 • 5-7 PM  
14034 • F • 2/12 • 5-7 PM  
14035 • F • 3/11 • 5-7 PM  
14036 • F • 4/8 • 5-7 PM

Location: Rescue Training Institute  
13405 Folsom Boulevard  
Folsom, Suite 150  
Instructor: Rescue Training Institute  
Fee: \$35

## Red Cross Lifeguard Training Certification:

### Ages 15 and up

*Space is limited, please register early.*

Learn the basic minimum skills and knowledge for an entry level, non-surf lifeguard. This Red Cross course combines approximately 10 hours of online learning followed by 18 hours of classroom learning, hands-on water rescue skills, first aid and CPR training. Participants who successfully complete this course will receive Red Cross certification in Lifeguard Training & First Aid, CPR/AED for Lifeguards, and Oxygen Administration (all valid for 2 years). Please note that this class does NOT include Title 22 First Aid. At the first class meeting, participants must:

- Show proof of age (must be 15 years old)
- Show certificate of completion for online course
- Swim 300 yards using freestyle and/or breaststroke
- Tread water for 2 minutes with legs only
- Within 1 minute, 40 seconds: swim 20 yards, surface dive 8 feet and retrieve a 10-pound object, bring to surface and return to the starting point, then exit the water without using ladder

14100 • Sat/Sun • 5/14-5/15 • 8:30 AM-5:30 PM

Location: El Dorado High School  
Fee: \$150 (+ \$35 fee for online course, to be completed prior to first class meeting. Paid separately when taking online course.)

## Beg. Guitar for Kids

### Ages 8-12

Through fun skill building and familiar songs, kids will learn string and note names, strumming, and one and two finger chords. The class will be easy for small hands. Because the class is a half hour, parents need to stay for the duration of the class.

**Please bring your own guitar.**

14090 • Tu • 1/12-2/16 • 6-6:30 PM  
14092 • Tu • 2/23-3/29 • 6-6:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Bob Gram  
Fee: \$50



## Red Cross Title 22

### First Aid Certification

#### (First Aid for Lifeguards)

### Ages 15 and up

This Red Cross course teaches the advanced first aid skills required of lifeguards in the State of California. Participants who successfully complete this course will receive Red Cross certification in Title 22 First Aid, valid for 2 years. Prerequisites: Must have current American Red Cross Lifeguarding certificate.

14101 • Sat • 5/21 • 8:30 AM-5:30 PM

Location: Town Hall  
Fee: \$50

## Mommy & Me Toddler Dance

### Ages: 18-36 Months

This creative dance class is designed to improve both fine and gross motor skills as we get your little bouncer stepping, clapping and moving to the rhythm. Parachute play, rhythm sticks, bean bags, dancing with scarves, and singing popular children's songs are all part of the fun as the little ones explore the many ways their bodies can move! Children should be accompanied by a caretaker who is able to bounce and play along!

14072 • Tu • 1/5-1/26 • 12-12:30 PM  
14073 • Tu • 2/2-2/23 • 12-12:30 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr  
Instructor: Kay Lenhart  
Fee: \$35

## Sew What? Sew Anything!

### Hand Sewing

#### Ages 7 and up

Have Fun learning to sew projects by hand in this beginning sewing class. Students will sew with a needle and thread to create three projects. The projects are a Pencil Pouch with button closing, Ladybug pincushion, and a 7" Stuffed Teddy Bear. Materials fee will include all patterns, instructions and sewing supplies for all of the projects. Scissors will be provided. Come and join the fun with Sew What? Sew Anything!

14109 • Th • 1/7, 1/14 & 1/21 • 3:30-5:30 PM  
14110 • Th • 2/4, 2/11 & 2/18 • 3:30-5:30 PM  
14111 • Th • 3/3, 3/10 & 3/17 • 3:30-5:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Claudia Bennett  
Fee: \$40  
Materials fee: \$10 (paid to instructor), Includes patterns, instructions, felt, needle, thread, pins, polyester fiberfill, buttons and fabric scraps.

# Youth Sports, Enrichment, and Dance Classes

## Kinderkicks/Taekwondo

### Ages 4-6

Come and join this fun martial arts class designed for ages 4-6. In this 30 minute class, children will work on exercises, balance, coordination, attention, self-control, and Taekwondo blocks and kicks. Class includes a FREE uniform. **No class on 1/18, 2/15, 3/21-3/24.**

### Foothill Taekwondo-Placerville

#### 1319 Broadway

13947 • M/W • 1/11-3/9 • 5-5:30 PM  
14054 • M/W • 3/7-5/4 • 5-5:30 PM

### Cameron Park Taekwondo

#### 3181 Cameron Park Drive

14053 • M/W • 1/11-3/9 • 5-5:30 PM  
14055 • M/W • 3/7-5/4 • 5:5-30 PM

Instructors: Bob & Connie Westphal,  
Lisa Jones

Fee: \$99

## Kids White Belt

### Ages 7-12

Designed for ages 7-12, this class is great for children who want to work on hand, foot, and eye coordination development. Students will also work on strikes, kicks, blocks, focus, and self-discipline. Class includes a FREE uniform. **No class on 1/18, 2/15, 3/21-3/24.**

### Foothill Taekwondo-Placerville

#### 1319 Broadway

13943 • Tu/Th • 1/12-3/3 • 6-6:45 PM  
13958 • Tu/Th • 3/8-5/5 • 6-6:45 PM

### Cameron Park Taekwondo

#### 3181 Cameron Park Drive

13959 • M/W • 1/11-3/9 • 6-6:45 PM  
14056 • M/W • 3/7-5/4 • 6-6:45 PM

Instructors: Bob & Connie Westphal

Fee: \$119

## Tennis Lessons

Private, semi-private, and small group lessons available for all ages and skill levels ranging from beginner, intermediate and advanced. Private lessons start at \$44/hr. Semi-private and small group lessons start at \$18-35/hr. For more information, please contact the Recreation Department at (530) 642-5232.



## Mighty Mites Sports Camps

### Ages 4-7

A fun and fundamental approach to prepare young children for recreational sports! This camp is designed for beginning players and will introduce the skills needed for the sport while developing sportsmanship and a positive attitude. Every player will have a chance to score his or her first goal or make a basket during games the final week of camp.

### Basketball

14103 • W • 1/6-1/27 • 5:30-6:15 PM  
T-Shirt reg. deadline: 12/30

Location: Markham School Gym

### Soccer

14104 • W • 4/13-5/4 • 5:30-6:15 PM  
T-Shirt reg. deadline: 4/6

Location: Lions Park Upper Field

Fee: \$43

T-Shirt: \$7 (Optional)

## Creative Dance

### Ages 3-5

Creative Dance class is a fun introductory class exploring the art of dance in a playful, stimulating and supportive environment. Children develop creativity, physical fitness, and movement intelligence, while building their classroom etiquette and interpersonal skills. It's fun, lively, and teaches rhythm skills.

13983 • Th • 1/7-1/28 • 5-5:30 PM  
13984 • Fr • 2/12-3/4 • 10:30-11 AM  
13985 • Th • 2/11-3/3 • 5-5:30 PM  
13997 • Fr • 1/8-1/29 • 10:30-11 AM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.

Instructor: Kay Lenhart

Fee: \$35

## Zumba for Kids

### Ages 6-12

Each Zumba class will use the traditional Zumba steps, with subtle dance techniques. Zumba is a great workout for the whole body, and dance is considered one of the best fitness workouts. It is a great class for kids who enjoy fun dance music, and want to learn how to move, NO DANCE EXPERIENCE necessary! Please wear comfortable workout clothing, athletic shoes, and bring a small towel and water.

13994 • Th • 1/7-1/28 • 5:30-6 PM  
13996 • Th • 2/11-3/3 • 5:30-6 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr.

Instructor: Kay Lenhart

Fee: \$25

## Creative Kids Dance, Tumbling and Art

### Ages 3-6

Creative Kids is a class packed with stimulating activities for kids! The class will contain a full Creative Dance class, a full Tumbling class, and an age appropriate art activity. The class includes circle-time and activities that promote social skills. A simple snack is also provided. The instructor, Kay Lenhart, has run several preschool programs, dance classes, and gymnastics specifically for this age.

13986 • Th • 1/7-1/28 • 10:30-12 PM  
13988 • Fr • 1/8-1/29 • 10:30-12 PM  
13992 • Th • 2/11-3/3 • 10:30-12 PM  
13993 • Fr • 2/12-3/4 • 10:30-12 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr.

Instructor: Kay Lenhart

Fee: \$55

Materials Fee: \$5 (paid to instructor)

## Kinder Dance

### Ages 4-6

Kinder Ballet is a program developed for the young dancer which focuses on coordination, rhythm, and creativity. Students learn basic ballet skills such as plié, pique, and chasse. Class etiquette, taking turns, and group participation are emphasized. Materials fee includes a leotard and one pair of tights. Please bring pink ballet shoes. Dress code: Black leotard, pink ballet tights, pink ballet shoes. Hair should be secured in a bun, or headband for short hair styles. NO skirts, tutus, sequins, or costumes please.

14066 • Sat • 1/9-2/13 • 9:15-9:45 AM

Location: Sierra Ballet  
3970 Missouri Flat Road

Instructor: Kristen Loving

Fee: \$65

Materials Fee: \$25 (paid to instructor)

## Beginner Hip Hop Dance

### Ages 6-10

This hip hop class will teach the beginning techniques and choreography that will be used in across the floors and other group works. Alex is a multi-talented dancer and choreographer. Who also choreographs at Folsom Lake College.

14083 • F • 1/8-1/29 • 3:30-4:30 PM  
14084 • F • 2/5-2/26 • 3:30-4:30 PM  
14085 • F • 3/4-3/25 • 3:30-4:30 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.

Instructor: Alexandra (Alex) Giovanetti

Fee: \$45

# Youth/Teen/Adult Dance Classes

## Beginner Lyrical Dance Class Ages 6-10

This class is a fusion of ballet, jazz, and expressive motions that tell a story. Students will learn lyrical technique along with how to express emotion through movement. Alex is a multi-talented dancer and choreographer who also choreographs at Folsom Lake College.  
**No class on 1/18 or 2/15.**

14012 • M • 1/4-1/25 • 3:30-4:30 PM  
14013 • M • 2/1-2/29 • 3:30-4:30 PM  
14014 • M • 3/7-3/28 • 3:30-4:30 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Alexandra (Alex) Giovanetti  
Fee: \$45

## Beginning Tap Dance Ages 6-10

This is a class for children who are always tapping their toes! The class will consist of accurate tap dance technique. Tap dancing has been shown to stimulate brain activity, helping to improve hand eye coordination, math skills, and response time. It's fun, lively, and teaches rhythm skills. The class uses a syllabus from Dance Master's of America. Tap dance has had a historical impact on all dance forms and springs from our African and Irish ancestors. Our feet are percussive instruments. Tap dance provides a good cardiovascular workout and is a great stress releaser. Come learn some tap basics and lift your sole/soul!

13998 • Tu • 1/5-1/26 • 4:30-5 PM  
14000 • Tu • 2/2-2/23 • 4:30-5 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr.  
Instructor: Kay Lenhart  
Fee: \$40

## Middle East/Belly Dance for Children Ages 7-16

Learn traditional Egyptian, Turkish, and Lebanon belly dance moves that are taught in an easy-to-follow format. Class will cover core movements, use of the veil, and age appropriate dance moves. Wear comfortable clothing to stretch and dance in and plan to be barefoot or wear dance shoes. You do not have to show your belly. Materials fee required (\$15) which includes use of veil for class and a coin hip scarf to keep!

14077 • Th • 1/7-1/28 • 6-7 PM  
14078 • Th • 2/4-2/25 • 6-7 PM  
14079 • Th • 3/3-3/24 • 6-7 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Vahanna (Valerie Baker)  
Fee: \$45  
Materials Fee: \$15 (paid to instructor)

## Advanced Lyrical Dance Class Ages 13 and up

This lyrical class is for students with some prior experience. This class is a fusion of ballet, jazz, and expressive motions that tell a story. Students will learn lyrical technique along with how to express emotion through movement. Alex is a multi-talented dancer and choreographer who also choreographs at Folsom Lake College.  
**No class on 1/18 or 2/15.**

14018 • M • 1/4-1/25 • 5:30-6:30 PM  
14019 • M • 2/1-2/29 • 5:30-6:30 PM  
14020 • M • 3/7-3/28 • 5:30-6:30 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Alexandra (Alex) Giovanetti  
Fee: \$45

## Zumba® Ages 16 and Up

This dance-based exercise program is sweeping the nation. It fuses hypnotic International rhythms and easy-to-follow moves to create a one-of-a-kind fitness program for anyone at any age and any fitness level. Each Zumba class will use the traditional Zumba steps, with subtle dance techniques. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. No dance experience necessary! Please wear comfortable workout clothing, athletic shoes, and bring a small towel and water. **No class on 1/18 or 2/15.**

14003 • M • 1/4-1/25 • 6:30-7:30 PM  
14004 • M • 2/8-2/29 • 6:30-7:30 PM  
14005 • M • 3/7-3/28 • 6:30-7:30 PM  
Instructor: Kay Lenhart

14006 • W • 1/6-1/27 • 8:30-9:30 AM  
14007 • W • 2/3-2/24 • 8:30-9:30 AM  
14008 • W • 3/2-3/23 • 8:30-9:30 AM  
Instructor: Juliet La Mers

14009 • Sa • 1/9-1/23 • 8:30-9:30 AM  
14010 • Sa • 2/6-2/27 • 8:30-9:30 AM  
14011 • Sa • 3/5-3/26 • 8:30-9:30 AM  
Instructor: Neda Gallagher

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Fee: \$30



## Hip Hop Dance for Teens and Adults

**Ages 13 and up**  
This advanced hip hop class will learn technique and choreography along with other fun activities such as group work and improvisation. Alex is a multi-talented dancer and choreographer who also choreographs at Folsom Lake College.

14080 • F • 1/8-1/29 • 4:30-5:30 PM  
14081 • F • 2/5-2/26 • 4:30-5:30 PM  
14082 • F • 3/4-3/25 • 4:30-5:30 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Alexandra (Alex) Giovanetti  
Fee: \$45

## Adaptive Creative Dance for Teens/Adults

**Ages 14 and up**  
This program is designed to foster a love of dance for teens and adults with special needs because we believe that everyone should have a chance to dance. The primary goals of Adaptive Dance classes are to experience the pure joy and happiness of dance and music through creative movement. This program also has many other important benefits including overall fitness, focus, balance, self-confidence, social skills, improved coordination and rhythm. **No class on 1/18 and 2/15.**

14024 • M • 1/4-1/25 • 4:30-5:30 PM  
14025 • M • 2/1-2/29 • 4:30-5:30 PM  
14026 • M • 3/7-3/28 • 4:30-5:30 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr.  
Instructor: Alexandra (Alex) Giovanetti  
Fee: \$35

## Middle East/Belly Dance Ages 16 and Up

This class is designed for all levels of Belly Dance. Work on traditional belly dance styles from Egypt and Lebanon in a fun and friendly atmosphere. Learn traditional Egyptian, Lebanese, and Turkish moves taught in an easy-to-follow format. Vahanna is an award-winning belly dance performer who has been teaching in the local area for over seven years. Wear comfortable clothing to stretch and dance in and plan to be barefoot or wear dance shoes. You do not have to show your belly.

14074 • Th • 1/7-1/28 • 7-8 PM  
14075 • Th • 2/4-2/25 • 7-8 PM  
14076 • Th • 3/3-3/24 • 7-8 PM

Location: Jammin' Dance and Fitness  
6090 Enterprise Dr.  
Instructor: Vahanna (Valerie Baker)  
Fee: \$45  
Materials Fee: \$15 (paid to instructor)  
Use of Veil & Coin Hip Scarf to keep.

# Teen/Adult Dance Classes

## Intermediate Adult Tap Dance Ages 16 and up

This tap dance class is a blend of Broadway and Rhythm tap for experienced tap dancers. The class will consist of accurate tap dance technique, along with working on better balance techniques. Tap dancing has been shown to stimulate brain activity, helping to improve hand eye coordination, math skills, and response time. It's fun, lively, and teaches rhythm skills. The class uses a syllabus from Dance Master's of America. Tap dance has had a historical impact on all dance forms. It springs from our African and Irish ancestors. Tap dance provides a good cardiovascular workout and is a great stress releaser. Come learn some tap basics and lift your sole/soul! **No class on 1/18 or 2/15.**

14001 • M • 1/4-2/1 • 7:30-8:15 PM  
14002 • M • 2/8-3/1 • 7:30-8:15 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr.  
Instructor: Kay Lenhart  
Fee: \$45

## Swing Dance on Friday Night! Ages 16 and up

Swing into your weekend on Friday Night! If you want to learn the basics of Swing Dance or brush-up what you know, this Placerville venue is for you! You will learn the basic East Coast steps, a variety of turns, patterns, and special moves. Plus, after each 1-hour lesson, the class becomes a social/practice session for you to have fun practicing what you just learned! Partners required, however, if you have a friend who has never danced before, this is the class for you!

13980 • F • 1/15-2/5 • 7-8 PM

Location: Jammin' Dance & Fitness  
6090 Enterprise Dr., STE A  
Instructors: Dan & Sheryl Trainor  
Fee: \$60/couple

## Ballroom Dance Ages 18 and up

Ballroom dancing is hot! The course covers easy-to-learn patterns that have you quickly looking great on the dance floor. No partner required. This class is for beginners and experienced dancers alike. Instructor's unique teaching style and delightful sense of humor put you at ease so you can easily learn while also having fun.

13907 • Th • 2/4-4/21 • 7-8 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$80  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Salsa/Merengue Ages 18 and up

Salsa means sauce, and merengue means march. These fast Latin dances are easy to learn and exciting to dance, with lots of turns and fun arm moves. The course covers patterns that will have you quickly looking great on the dance floor. No partner required. Instructor's unique teaching style and delightful sense of humor put you at ease so you can quickly learn while also having fun. Please bring leather soled shoes with good heel support. Absolutely no tennis shoes, flip-flops, or shoes that stick to the floor.

13982 • Th • 1/7-1/28 • 7-8 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$40  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Rumba/Bolero Ages 18 and up

These slow Latin dances are easy to learn and exciting to dance, with graceful turns and arm movements. The course covers patterns that will have you quickly looking great on the dance floor. No partner required. Instructor's unique teaching style and delightful sense of humor put you at ease so you can quickly learn while also having fun. Please bring leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.

13981 • Th • 1/7-1/28 • 8-9 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$40  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Foxtrot

### Ages 18 and up

Foxtrot is a smooth dance, traveling around the line of dance. The long walking movements involve a subtle rise and fall action. Turning movements are similar to Waltz, but with a more moderate rise and fall, and more length-wise action. The course covers easy-to-learn patterns that have you quickly looking great on the dance floor. No partner required. Instructor's unique teaching style and delightful sense of humor put you at ease so you can quickly learn while also having fun. Please wear leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.

13914 • Th • 3/3-3/24 • 8-9 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$40  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Waltz Ages 18 and up

The Waltz is characterized by a significant rise and fall, elegant turns, and strolls. Learn the waltz both as a traveling and in-place dance. Course covers the basic patterns and much more! Please wear leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.



13911 • Th • 2/4-2/25 • 8-9 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$40  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Cha Cha Ages 18 and up

This Ballroom dance class will introduce the student to the Cha Cha. The American style Cha Cha is an offshoot of the Mambo. It is danced to music with a distinct syncopation where the triple rhythm 'Cha Cha' step is inserted. Please wear leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.

13918 • Th • 3/31-4/21 • 8-9 PM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$40  
Discount: (register 2 people and receive ½ off the 2nd fee)

## Zumba Gold plus Toning Ages 18 and Up

Active older adults and beginners who wish to integrate the added benefits of strength training with the exhilarating experience of the Zumba® Fitness-Party will enjoy the Zumba® Gold-Toning program. Participants can help prevent age-related bone loss, increase muscle strength and definition, decrease body fat and improve mobility, posture, coordination and cognition. The instructor is a certified Zumba® Gold, Zumba® Gold Toning, and Zumba® Sentao instructor. **No class on 1/8 & 2/15.**

14046 • M/W/F • 1/13-2/15 • 9-10 AM  
14047 • M/W/F • 2/12-3/11 • 9-10 AM  
14048 • M/W/F • 3/14-4/13 • 9-10 AM  
14049 • M/W/F • 4/15-5/11 • 9-10 AM

Location: Town Hall-Upstairs Large  
Instructor: Kay Lenhart  
Fee: \$45

# Teen/Adult Dance, Exercise & Enrichment Classes

## Slow Dancing Workshop

### Ages 18 and up

Slow dancing that looks professional! Beginners and experienced dancers alike learn stylish moves that take slow dancing to a new level. Workshop covers easy-to-learn patterns that look great on the dance floor. Richard Kowaleski is a very popular dance instructor and dance host with a unique teaching style and a delightful sense of humor that puts his students at ease. Come and have fun! Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.

13920 • Sat • 2/20 • 9-11 AM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$10

## Smooth Dancing Workshop

### Ages 18 and up

Learn how to glide around the dance floor with the waltz, foxtrot, and tango, all in one two-hour workshop! Beginners and experienced dancers alike learn elegant moves that impress. The optional third hour covers styling tips to add flair to your dancing. Richard Kowaleski is a very popular dance instructor and dance host with a unique teaching style and a delightful sense of humor that puts his students at ease. Come and have fun! Please bring leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor.

13923 • Sat • 3/19 • 9-11 AM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$10

## Latin Dance Workshop

### Ages 18 and up

Latin dancing is all the rage! Beginners and experienced dancers alike learn Latin moves that look great on the dance floor. Workshop covers patterns for the Cha-Cha, Salsa, Rumba/Bolero, and Merengue. Richard Kowaleski is a very popular dance instructor and dance host with a unique teaching style and a delightful sense of humor that puts his students at ease. Please wear leather soled shoes with good heel support. Absolutely no tennis shoes, flip flops, or shoes that stick to the floor. Come and have fun!

13922 • Sat • 4/16 • 9-11 AM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$10

## Swing Dance Workshop

### Ages 18 and up

Swing dancing is still in! Beginners and experienced dancers alike learn fun moves that look great on the dance floor. Workshop covers both East Coast Swing and West Coast Swing patterns. Richard Kowaleski is a very popular dance instructor and dance host with a unique teaching style and a delightful sense of humor that puts his students at ease. Come and have fun!

14061 • Sat • 1/23 • 9-11 AM

Location: Town Hall-Main Hall  
Instructor: Richard Kowaleski  
Fee: \$10

## Table Tennis (Ping Pong)

### Ages 11 and up

Players of all abilities are welcome. Instructions on improving your game and use of the robot serving machine will be available. Dress comfortably and bring your workout clothing, towel, drinking water, etc. Make new friends, and have an enjoyable time. Please bring your own paddle and ball or bring \$10 to purchase them in class. Register early, a minimum of 4 sign-ups required to start the class. **No class will be held on 1/18 or 2/15.**

13965 • M • 1/4-2/1 • 5:15-7:15 PM  
14112 • M • 2/8-3/7 • 5:15-7:15 PM  
13967 • M • 3/14-4/4 • 5:15-7:15 PM  
13968 • M • 4/11-5/2 • 5:15-7:15 PM

Location: Town Hall-Main Hall  
Instructor: Roy Imai  
Fee: \$40

## Teen/Adult Taekwondo

### Ages 13 and up

Designed for ages 13 and up, this class is great for anyone who wants to work on hand, foot, and eye coordination development. Students will also work on strikes, kicks, blocks, focus, and self-discipline. Class includes a FREE uniform. **No class will be held on 1/18, 2/15, 3/21-3/24.**

### Foothill Taekwondo-Placerville

#### 3139 Broadway

13961 • M/W • 1/11-3/9 • 7-7:45 PM  
13962 • M/W • 3/7-5/4 • 7-7:45 PM

13960 • T/Th • 1/12-3/10 • 10-10:45 AM  
13956 • T/Th • 3/8-5/5 • 10-10:45 AM

### Cameron Park Taekwondo

#### 3181 Cameron Park Drive

14102 • M/W • 1/11-3/9 • 7:45-8:30 PM  
14052 • M/W • 3/7-5/4 • 7:45-8:30 PM

Instructors: Bob & Connie Westphal  
Fee: \$119

## Women's Self Defense

### 3 Month Program

#### Ages 13 and up

This class is designed to give women a deeper dive into self defense techniques. Classes are FUN, INFORMATIVE, and EMPOWERING. The class is designed to help women become aware, assertive, safe, and have strategies that would help them escape and survive an attack. Over the three month period, students will learn a variety of self defense techniques and will practice them in class to help refine skills and build muscle memory. Students will feel their confidence increase as their skill levels grow. This class is open to all women. No special skills are required. In this class you will learn awareness, assertiveness, safety strategies, physical techniques, and more. You will leave with knowledge, confidence, feeling empowered, and more. Wear comfortable clothing and bring water. Classes are taught barefoot on our mats.

13940 • Tu/Th • 2/2-4/28 • 7-7:45 PM

Location: Gold Country Martial Arts Center –Training Floor  
4615 Missouri Flat Rd #5  
Instructor: Kelly Webb  
Fee: \$250

## Pilates

### Ages 15 and up

If you sit at a desk, pick up heavy objects, or bend over patients, clients, or students, this class is for you! The Pilates method of exercises will increase stamina, relieve back stress, and deeply tone core muscles, hips and shoulders. This stabilization occurs through slow and controlled movement. The slow movement strengthens the smaller musculature for core stabilization, and focuses on individual ability. Exercises can be modified for beginning level, and advanced variations are given to challenge individual strengths. Wear comfortable clothing, mats are provided.

14062 • M • 1/4-2/8 • 9-10 AM  
14063 • W • 1/6-2/10 • 9-10 AM  
14064 • Fr • 1/8-2/12 • 9-10 AM  
14065 • Th • 1/7-2/11 • 6-7 PM

Location: Sierra Ballet  
3970 Missouri Flat Road  
Instructor: Kristen Loving  
Fee: \$65

# Teen/Adult Exercise, Enrichment, Music & More

## Tai Chi

### Ages 15 and up

Yang Style Tai Chi or "meditation in motion" promotes a peaceful mind through slow gentle movements and is seen in the parks of China and throughout the world. This improves balance, coordination, overall health, and reduces stress. All levels welcome. The instructor has practiced Tai Chi since 1981 and studied 3½ years in China with two high level masters. Beginners will learn the foundation of Tai Chi, basic exercises, Chi Kung, the Tai Chi form, and the root philosophy of Tai Chi. Intermediate level students will learn a deeper development in the practice of Tai Chi and Tai Chi practices with two person energy exercises, push hands practice, and advanced forms. An optional DVD is available for \$10.

### Beginner

13973 • W • 2/3-2/24 • 6-7 PM • \$40  
13974 • W • 3/2-3/30 • 6-7 PM • \$40  
13975 • W • 4/6-4/27 • 6-7 PM • \$40

### Intermediate

13977 • W • 2/3-2/24 • 7-8:30 PM • \$50  
13978 • W • 3/2-3/30 • 7-8:30 PM • \$50  
13979 • W • 4/6-4/27 • 7-8:30 PM • \$50

Location: Town Hall-Upstairs Large  
Instructor: Bruce Boldon

## FIT 30

### Ages 15 and up

FIT 30 is designed to provide busy people with an effective fitness program in 30-40 minutes, 4 days a week. Fit 30 incorporates strength training (using bodyweight, light weight, bands, balls, and other fun tools) AND cardio training (incorporating full body movement, kickboxing and more) in an interval format so you get a full body workout that is metabolically stimulating and it WORKS!! Wear comfortable clothing and bring a towel. **No class on 1/18 and 2/15.**

13936 • M/Tu/W/Th • 1/4-1/28 • 9:15-9:55 AM  
13937 • M/Tu/W/Th • 2/1-2/29 • 9:15-9:55 AM  
13938 • M/Tu/W/Th • 3/1-3/31 • 9:15-9:55 AM  
13939 • M/Tu/W/Th • 4/4-4/28 • 9:15-9:55 AM

14037 • M/Tu/W/Th • 1/4-1/28 • 5:15-5:55 PM  
14038 • M/Tu/W/Th • 2/1-2/29 • 5:15-5:55 PM  
14039 • M/Tu/W/Th • 3/1-3/31 • 5:15-5:55 PM  
14040 • M/Tu/W/Th • 4/4-4/28 • 5:15-5:55 PM

Location: Gold Country Martial Arts  
4615 Missouri Flat Rd #5  
Instructor: Kelly Webb  
Fee: \$65  
Materials Fee: Optional-\$ for hand wraps, gloves, and shirts.

## Beyond Insomnia

### Ages 18 and up

Tired of tossing and turning at night, watching the clock in frustration while anxiously anticipating how exhausted you will be the next day? Have you followed everybody's advice on how to get a good sleep, but nothing seems to work? What would your life be like if you could move beyond insomnia and start living your dreams? In this two hour seminar, Beyond Insomnia coach Jennifer Jackson will talk about how she moved beyond 28 years of chronic insomnia and how you can too. The first hour will cover sleep cycles, circadian rhythms, and sleep scheduling behaviors. The second hour will teach a powerful technique to clear busy, anxious thoughts and move the body out of a stress response and into a relaxation response so sleep comes easily and naturally.

13838 • Sat • 1/30 • 10-12 PM

Location: Scout Hall  
Instructor: Jennifer Jackson  
Fee: \$30

## Yoga, Hatha

### Ages 16 and up

Strengthen weak areas and stretch stiff parts to realign the entire body. Release physical tension and psychological resistance through Yoga postures. This class introduces new students to the basic Yoga postures and challenges experienced students. Bring a firm blanket, bare feet, an empty stomach, and wear comfortable clothes. Scent free environment please.

**No class will be held on 1/18 and 2/15.**

13855 • M • 1/4-2/1 • 10:30-12 PM  
13854 • M • 1/4-2/1 • 7-8:30 PM  
13877 • M • 2/8-3/7 • 10:30-12 PM  
13870 • M • 2/8-3/7 • 7-8:30 PM  
13875 • M • 3/14-4/4 • 10:30-12 PM  
13871 • M • 3/14-4/4 • 7-8:30 PM  
13876 • M • 4/11-5/2 • 10:30-12 PM  
13883 • M • 4/11-5/2 • 7-8:30 PM

Location: Town Hall-Upstairs Large  
Instructor: Michael Shaw  
Fee: \$35

## Essential Oils - Make & Take

### Ages 18 and up

Come and explore the wonderful world of essential oils. This class will focus on basic how-to's of using essential oils to help you replace store bought products. It will also provide ideas on ways to incorporate essential oils into your everyday life for better health and well-being.

13941 • Th • 2/25 • 6-8 PM  
13942 • Th • 3/31 • 6-8 PM

Location: Gold Country Martial Arts  
4615 Missouri Flat Rd #5  
Instructor: Kelly Webb  
Fee: \$35  
Materials Fee: \$35 (paid to instructor)

## Basic Guitar I/Basic Guitar II

### Ages 13 and up

**Basic Guitar I** is a beginner class that will be a fun 6-week course that uses famous songs to teach basic strumming, basic chords, and basic theory.

**Basic Guitar II** is a fun, intermediate level 6-week course that will expand and grow your current talents. Expanded chord knowledge and an introduction to lead guitar will be taught through famous/popular songs. Both are perfect parent/child classes. **Please bring your own guitar.**

Basic I: 14093 • Tu • 1/12-2/16 • 6:30-7:30 PM  
14095 • Tu • 2/23-3/29 • 6:30-7:30 PM  
Basic II: 14096 • Tu • 1/12-2/16 • 7:30-8:30 PM  
14098 • Tu • 2/23-3/29 • 7:30-8:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Bob Gram  
Fee: \$90

## Bellyfit® Moving Women

### Ages 18 and up

Bellyfit® is the world's leading Holistic Fitness System for women. By blending the power and wisdom of ancient practices with the research technology and trends of the modern world, Bellyfit® classes offer *much* more than just "a workout". Bellyfit® is the *myth* busting, spirit soothing, booty shaking workout designed by women, for women – and the movement is growing. Join the movement. You are beautiful. Please wear clothes you can move in and tennis shoes. Please bring water, a towel, and a yoga mat. **No class will be held on 1/18 & 2/15.**

13897 • M/W/F • 1/4-1/29 • 1:30-2:30 PM  
13898 • M/W/F • 2/1-2/29 • 1:30-2:30 PM  
13899 • M/W/F • 3/2-4/1 • 1:30-2:30 PM  
13900 • M/W/F • 4/4-4/29 • 1:30-2:30 PM

Location: Town Hall-Upstairs Large  
Instructor: Janette Lowry  
Fee: \$50

## Gluten Free 101

### Ages 15 and up

Whether you choose to live gluten free, or you have to for health reasons, this class will give you an introduction to the gluten free lifestyle. We will explore substitutions, recipes and label reading, and grocery store management to help you live a happy and healthy gluten free lifestyle. Kelly Webb is a certified holistic health coach and has celiac disease. She has years of experience in managing a gluten free lifestyle.

13934 • Th • 2/18 • 6-8 PM  
13935 • Th • 3/24 • 6-8 PM

Location: Gold Country Martial Arts  
4615 Missouri Flat Rd #5  
Instructor: Kelly Webb  
Fee: \$35



# Teen/Adult Exercise, Enrichment & More

## Fun with Glass Jewelry

### Ages 16 and up

This class will be a fun class teaching you how to make beautiful glass jewelry with a focus on using a specialty glass called Dichroic glass along with other glasses. The glass class is designed to teach the fundamentals of glass jewelry designing and creating. Everyone will make **two beautiful glass pendants**. The instructor will take the pieces home to have them fused in a kiln. These pendants are great gifts, especially with Mother's Day coming. Material fee includes all of the materials for the class.

13963 • M • 2/22 • 5:30-7:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Debbie Trapasso  
Fee: \$55  
Materials Fee: \$15 (paid to instructor)

## Fun with Glass Plate

### Ages 16 and up

This class will be fun for everyone. You will be making a beautiful 8"x8" glass weaved plate. You will take glass strips and design and create a basket weave plate along with other specialty glass. The plate can be used as a gift, candle holder, or serving plate. Come join us for a fun night of working with glass. The materials fee and price of the class includes all of the materials for the class and the time the instructor will spend prepping and firing the plates before and after class.

13964 • Tu • 4/5 • 5:30-7:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Debbie Trapasso  
Fee: \$55  
Materials Fee: \$15 (paid to instructor)

## Private Thai Cooking Classes

### Ages 8 and up

Learn to prepare Thai food in your own private class! Book a small group for lots of hands on personal attention, or a larger group for a memorable experience. Choose one of Phonglada's menus or design your own menu of favorite dishes from Phonglada's cookbook. Please call 530-642-5232 for scheduling and pricing. #14099

## Writing Your Memoirs

### Ages 50 and up

This class will teach you to capture your memories in writing, creating a memoir. This can be used for your personal or future generations' enjoyment.

13901 • Th • 1/14-2/18 • 10-11:30 AM

Location: Town Hall-Main Hall  
Instructor: Geraldine Haskins  
Fee: \$30

## Dollar Store DIY – Learning Activities for the Parents of Preschoolers

### Ages 18 and up

This class is a must for any adult who has preschool children, works with children, or is a grandparent. Come and get a multitude of ideas that you can make and do with your child with things purchased from a Dollar Store. Join us as we get fun, frugal, and practical ideas of learning activities for your preschooler. You will make a learning activity to take home.

14050 • Th • 1/14 • 6:30-8:30 PM

14051 • Th • 2/11 • 6:30-8:30 PM

14086 • Th • 3/3 • 6:30-8:30 PM

14087 • Tu • 4/19 • 6:30-8:30 PM

Location: Town Hall-Upstairs Small  
Instructor: Marion Getchel  
Fee: \$30

## Beginning/Intermediate Dog Obedience

### Ages 12 and up

Dog obedience classes are taught with a balanced approach, all ages and levels welcome. By attending classes and completing home exercises you can have a new relationship with your dog. Professional dog trainer, Denise Paquette, guides you through a series of beginning/intermediate exercises to increase communication and to set boundaries. This class will cover on-leash heeling, sits, downs, stays, and comes. The class will be held at City Park, unless there is inclement weather in which it will be held in Scout Hall. Please bring your dog, any collars you have, small training treats, and a four to six foot leash made out of nylon or leather.

**Proof of current vaccinations required.**

14027 • Sat • 1/2-1/23 • 11 AM-12 PM

Location: Scout Hall/City Park  
Instructor: Denise Paquette  
Fee: \$70

## Mens Back Care

### Ages 15 and up

Bad back? Stiff and sore? A special class just for men. This Pilates based method is therapeutic to relieve back stress, and loosen sore, stiff bodies. We will also focus on core strength, shoulders, and hips. Instructor is well versed in modifying exercises when needed, but advanced variations are given to challenge individual strengths. Wear comfortable clothing. Mats are provided.

14069 • F • 1/8-2/12 • 7:30-8:30 AM

14070 • F • 2/19-3/25 • 7:30-8:30 AM

Location: Sierra Ballet  
3970 Missouri Flat Road  
Instructor: Kristen Loving  
Fee: \$65

## Learn to Knit

### Ages 12 and up

You'll learn "knitting basics" in this fun 3 session 2-hour class. First, you'll learn all about yarn, tools and solve the mysteries of reading ball bands. Then, you'll learn to cast on, knit and purl. From there you'll learn to increase, decrease and cast off. We'll also look at lace and color work. With the information taught in this course, you can knit scarves, cowls and hats; as well as baby blankets, throws, potholders, place mats, and other decorative items for the home. And, you'll be all set to tackle those complex projects you've admired. It's fun and easier than you think! With today's yarns and a little knowledge you can create beautiful items for yourself or for gifts. Susan Trapnell is certified by the Craft Yarn Council of America as a Knitting instructor. She was taught to knit by her sister when she was 8 years old. She is passionate about knitting, and loves to teach others.

**Please bring the following to class:**

Knitting needles, circular needles, 24" or 32", Size U.S. 7 or U.S. 8

Yarn worsted weight yarn, smooth (no fuzzy or specialty yarn), light colored.

**Examples:** Plymouth Yarn Encore, Cascade Yarn 220, Berroco Vintage.

13866 • Th • 1/14-1/28 • 1-3 PM

13867 • Th • 2/11-2/25 • 1-3 PM

13868 • Th • 3/10-3/24 • 1-3 PM

13869 • Th • 4/14-4/28 • 1-3 PM

Location: Town Hall-Main Hall  
Instructor: Susan Trapnell  
Fee: \$50

## Kickboxing 13 and up

Release Stress, Lose Body Fat, Burn Calories!! Let's put on the gloves and burn up to 800 calories per class. This is a high energy and fun workout. Start where you are at physically and get stronger at your own pace based on your ability (modifications provided when needed). The program also includes nutrition coaching. You do not need any special skills. Wear comfortable clothing and bring a towel and water.

14041 • Tu/Th • 1/5-1/28 • 9:15-9:55 AM

13929 • Tu/Th • 2/2-2/25 • 9:15-9:55 AM

13930 • Tu/Th • 3/1-3/31 • 9:15-9:55 AM

13931 • Tu/Th • 4/5-4/28 • 9:15-9:55 AM

14042 • Tu/Th • 1/5-1/28 • 5:15-5:55 PM

14043 • Tu/Th • 2/2-2/25 • 5:15-5:55 PM

14044 • Tu/Th • 3/1-3/31 • 5:15-5:55 PM

14045 • Tu/Th • 4/5-4/28 • 5:15-5:55 PM

Location: Gold Country Martial Arts  
4615 Missouri Flat Rd #5  
Instructor: Kelly Webb  
Fee: \$45

# Adult Sports Leagues

[View Schedules & Standings—www.teamsideline.com/placerville](http://www.teamsideline.com/placerville)

## Adult 4 on 4

### Coed Volleyball

Games are played on Thursday evenings at the Markham School gym.

#### Spring League

Start date: Th, 3/17  
Fee: \$147 per team (4x4)  
Reg. deadline: Th, 3/3 @ 4 PM

## Adult 3 on 3

### Basketball

Games are played on Wednesday evenings at the Markham School gym.

#### Spring League

Start date: Wed, 3/16  
Divisions: Upper/Lower  
Fee: \$117 per team  
Reg. deadline: Th, 3/3 @ 4 PM

## Adult 5 on 5 Basketball

Games are played on Sunday afternoons and evenings at the El Dorado High School large gym.

#### Spring League

Start date: Sun, 4/3  
Divisions: Upper/Lower  
Fee: \$423 per team  
Reg. deadline: Th, 3/17 @ 4 PM

**Registrations for our 18 and older adult sports leagues are taken at the Recreation Department during regular office hours: Monday-Friday 8 AM-5 PM.**

**League fees include seven games minimum. For more information, please contact the Recreation Department at (530) 642-5232 or visit us online at [www.teamsideline.com/placerville](http://www.teamsideline.com/placerville).**

## Adult Softball

Games are played Sunday through Friday at Lions Park. Start dates may vary due to weather and field conditions.

### Spring League

Start Date: 4/1  
Fee: \$477 per team  
Reg. Start Date: Tu, 2/16  
Reg. deadline: Th, 3/10 @ 4 PM

#### Leagues:

Coed C-2 Sunday	Men's Wood Bat Tuesday
Coed D-1/D-2/D-3 Sunday	Men's E-1/E-2 Wednesday
Women's C/D Monday	Men's C-3/C-4 Thursday
Coed Tuesday D-1/D-2	Men's D-1/D-2 Friday

### Softball Scorekeepers and Umpires Needed!

Softball Scorekeepers and Umpires are needed for the 2016 Adult Softball season. If interested, please contact the Recreation Department at (530) 642-5232.



# Sports Contacts

## SOCCER

**Prospector Soccer Club**  
[www.prospector.org](http://www.prospector.org)

**Sierra Gold Soccer**  
[www.sierragoldsoccer.org](http://www.sierragoldsoccer.org)

## SOFTBALL

**Placerville Girls Softball**  
(530) 303-8130  
[www.pgsasoftball.org](http://www.pgsasoftball.org)

**Placerville Prospectors Senior Softball**

Brian Reeves (530) 626-4625  
[brianpreeves@hotmail.com](mailto:brianpreeves@hotmail.com)  
[www.placervilleprospectors.org](http://www.placervilleprospectors.org)

## FOOTBALL & CHEER

**El Dorado Jr. Cougars Football and Cheer**  
email: [president@edjc.org](mailto:president@edjc.org)  
[www.edjc.org](http://www.edjc.org)

**Union Mine Jr. Rattlers Football and Cheer**  
[www.jrrattlers.org](http://www.jrrattlers.org)

**Ponderosa Jr. Bruins**  
[www.jrbruins.org](http://www.jrbruins.org)

## LITTLE LEAGUE

**Hangtown Little League**  
[www.hangtownll.com](http://www.hangtownll.com)  
email: [hangtownll@gmail.com](mailto:hangtownll@gmail.com)

**Snowline Little League**  
(530) 644-5590  
[www.eteamz.com/snowline](http://www.eteamz.com/snowline)

**Ponderosa Little League**  
(530) 677-5555  
[www.pondolittleleague.com](http://www.pondolittleleague.com)

## OTHER SPORTS

**Sierra Storm Girl's Basketball Club**  
(530) 647-2125  
email: [pjwinter@mindspring.com](mailto:pjwinter@mindspring.com)

**Hangtown Women's Tennis Club**  
Trish Cumbra (530) 626-5292

**Special Olympics**  
Shirley Surber (530) 642-0364

**Dry Diggins Dolphins Swim Team**  
[www.drydigginsdolphins.com](http://www.drydigginsdolphins.com)

**AquaSol Swim Team**  
[www.aquasolswimteam.com](http://www.aquasolswimteam.com)

**EDHS Cougar Basketball AAU**  
Conrad Dizon (530)306-8987  
email: [cougarbballtd@yahoo.com](mailto:cougarbballtd@yahoo.com)

# Facility and Barbecue Rentals

## TOWN HALL & SCOUT HALL RENTALS

Both Town Hall and Scout Hall are available for rental by individuals and community groups.

**TOWN HALL**-Bottom floor is ideal for organization banquets, conferences, club meetings, classes, shows, etc. **SCOUT HALL**-This facility located in City Park is ideal for small groups and youth related functions, such as: club meetings, training classes, banquets, youth birthday parties and other related activities. Contact the Recreation Department for fee information.

## LIBERTY CLAIM PAVILLION AT GOLD BUG PARK

This facility at Gold Bug Park is ideal for group meetings and picnic use. Located in the picnic area adjacent to the entrance of Gold Bug Mine, gift shop and museum, this covered facility includes picnic tables and is ideal for larger group events. Contact the Recreation Department for fee information.

## LIONS PARK GAZEBO

This area at Lions Park has a shade structure, picnic tables, large B.B.Q. and lots of turf and shade areas. Ideal for larger group and company picnic use. **Rental fee:** \$50 per day. **(A \$50 refundable security deposit is also required).**

## BARBECUE RENTAL

Are you planning a large group B.B.Q. and need a B.B.Q. unit big enough to handle the guests? **WE HAVE THE B.B.Q. UNIT FOR YOU.** **Rental fee:** \$30 per day. **(A \$700 security deposit is also required).**

## LIONS PARK TENNIS KEYS

Want to play a little tennis at Lions Park? In order to keep the courts in great condition, the Recreation and Parks Department was forced to lock them up. Keys can be purchased at the Recreation Department for \$20. **(Keys are good from 1/1/16-12/31/16.)**

## Summer Jobs Opportunities at the Placerville Aquatic Center

Attention swimmers! Looking for that perfect summer job? The Placerville Aquatic Center is home of the best aquatics staff around! The Placerville Recreation Department is now accepting applications for employment at the Placerville Aquatic Center.



Positions include:

- Lifeguards
- Swim instructors
- Pool managers!



We offer flexible hours and a variety of shifts. The deadline to apply for first-round consideration is Tuesday, March 15, 2016 at 5:00 pm.

A City application and Supplemental Aquatics application are both required. For more information, or to receive an application, please call (530) 642-5232 or go online to download an application at [www.cityofplacerville.org](http://www.cityofplacerville.org).

# Recreation Aquatics Parks Trails

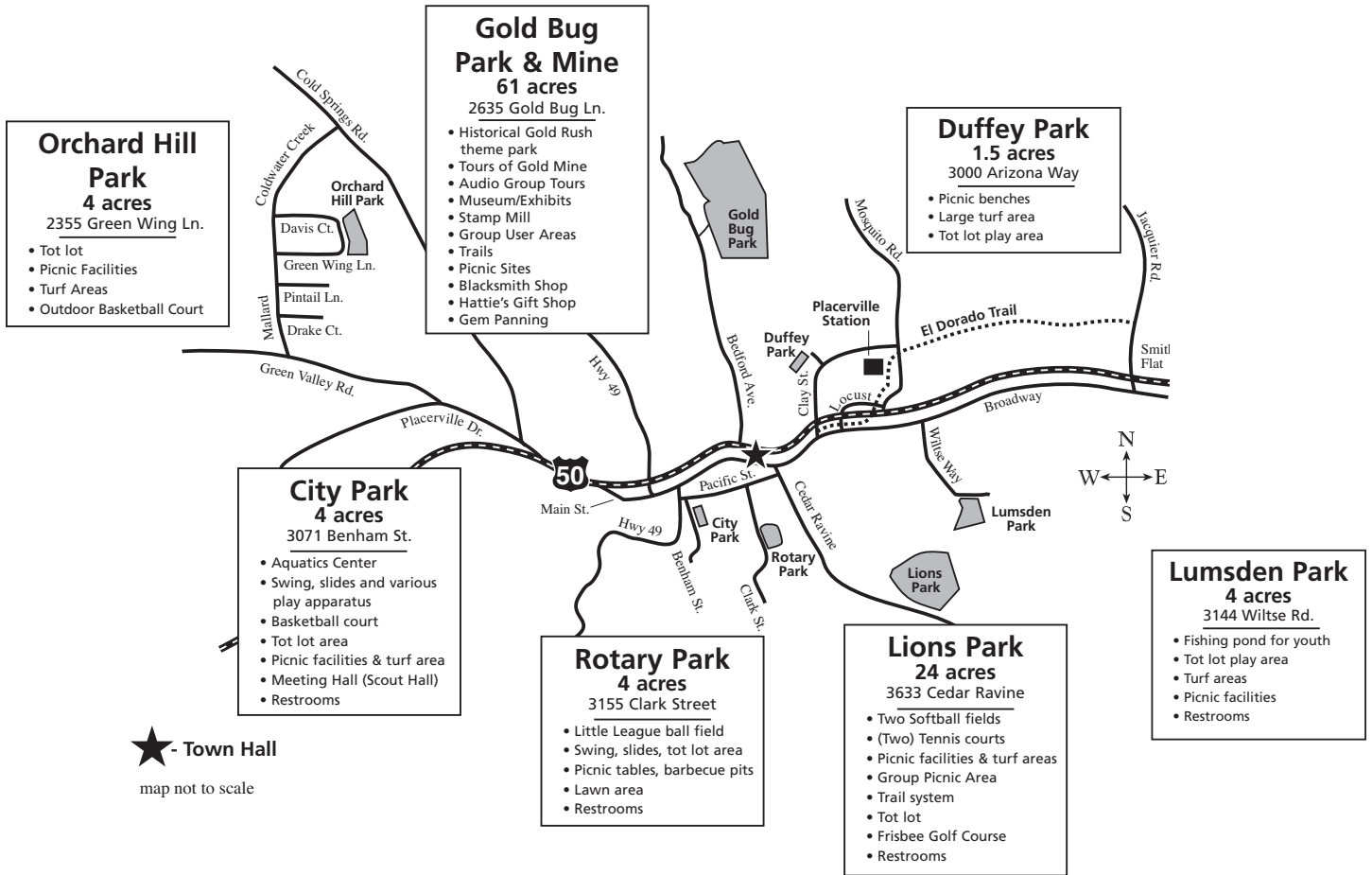
## GIFT GUIDE

The Placerville Community Services Department invites you to become involved. Leave a lasting legacy for future generations through your generous gift.

Our NEW donation program offers many ways YOU can help improve our great community. You can help beautify our parks, promote recreational activities, promote historical preservation, and create a fun and safe environment for all ages.

For more information, contact the City of Placerville at (530) 642-5232 or visit us at 549 Main Street, Placerville, CA 95667.

# City Parks Map

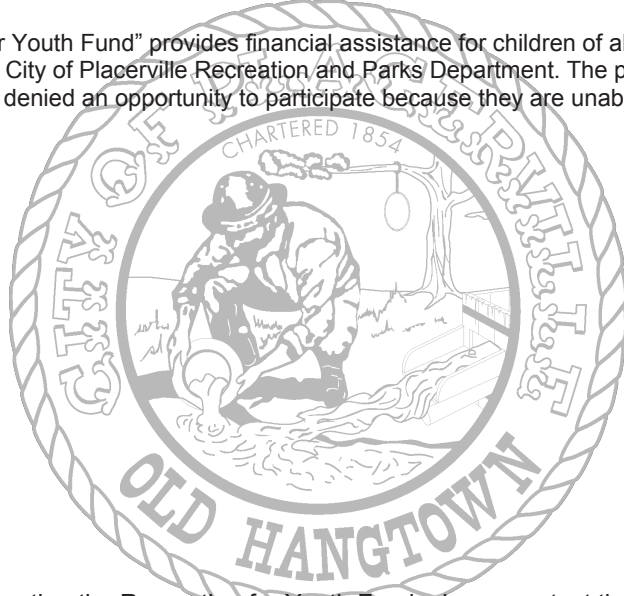


## Recreation for Youth Fund

The City of Placerville "Recreation for Youth Fund" provides financial assistance for children of all ages and abilities to participate in recreation activities conducted by the City of Placerville Recreation and Parks Department. The purpose of the fund is to ensure that no child be denied an opportunity to participate because they are unable to pay.

**Up to \$100**  
Arthur & Muriel Molho, Sherry Harlig, Connie Zelinsky, Loellen Bonser, Dolores Rittenhouse-Howe, Donald & Debbie Courtright, Tammy Vicini Esteve, Necati Tekin, Ron & Donna Mueller, Suzie & Dave Herman

**Up to \$500**  
Pierre Rivas  
Placerville Masonic Lodge #26



**\$5,000 Sponsor**  
Shingle Springs Band of Miwok Indians

**Thank You For Your Support!**

If you are interested in supporting the Recreation for Youth Fund, please contact the Recreation Department. 100% of your contribution goes directly to the children's Recreation program (City and County residents alike).

# HANGTOWN'S GOLD BUG PARK AND MINE

2635 Gold Bug Lane Placerville, CA 95667 ♦ 1 mile north of Hwy 50 on Bedford Avenue  
www.goldbugpark.org ♦ (530) 642-5207

## ENJOY ALL THAT THE PARK HAS TO OFFER!

Hattie's Gift Shop • Hattie's Museum • Gold Bug Mine • Guided Tours • Henny Stamp Mill  
• Blacksmith Shop • Priest Mine • Liberty Claim Pavilion • Hiking Trails • Gem Panning

### SELF-GUIDED TOURS

Admission to Gold Bug Mine includes a self-guided audio tour, a hardhat, and admission to the Henny Stamp Mill.

Adults	\$7
Youth (3-17yrs)	\$4
2 years and under	Free

All persons under the age of 18 must be accompanied by an adult.  
(Prices may change without notice.)

### GOLD MINE HOURS

November through March  
Weekends only ~ 12 PM to 4 PM  
(weather permitting)

April through October  
Daily ~ 10 AM to 4 PM



### Volunteers Needed!

Join the Gold Bug Family. Become a Gift Shop, Blacksmith Shop or Tour Guide Volunteer. Enjoy the feeling of accomplishment and be of value to our community.

### GUIDED GROUP TOURS

(65 people maximum)

Guided tour packages are available of the:

Gold Bug Mine ♦ Henny Stamp Mill  
♦ Priest Mine ♦ Blacksmith Shop

#### Fees

From 1 to 15 people (min. rate)	\$100
Each additional person	\$8

All persons under the age of 18 must be accompanied by an adult.  
(Prices may change without notice.)

HELP BUILD THE

## MONUMENT GARDEN

PROJECT

BEDFORD AVENUE AT MAIN STREET

CITY OF PLACERVILLE'S



COMMUNITYPRIDE  
COMMITTEE

"Dedicated to improving the grace and charm of Placerville"

Please make checks payable / send to:

**Community Pride Committee**  
549 Main St  
Placerville, CA 95667



### Thank you for your support!

Clara Clement  
Alyceann Ginelli  
GrosVentre Cellars  
Worth Dikeman Jr.  
John Cochran  
Andrew Painter  
Karen and John Cornell  
Gerri A. Johnson  
Bob and Billie Gillett  
Steve and Kathi Lishman

Your donation will help to fund:

- Vietnam Memorial Monument
- Reinstallation of historic bell
- Benches
- Raised planter
- Colorful, low water landscape
- Lighting installation

For more information, please contact  
**City of Placerville**  
**Community Services Department**  
(530) 642-5232

# Registration

## FOUR EASY WAYS TO REGISTER

WALK IN



### COME AND SEE US TO REGISTER

Recreation Department  
549 Main Street  
Placerville, CA 95667  
Office Hours:  
M-F 8AM-5PM  
Sat-Sun: Closed

PHONE



### PHONE IN YOUR REGISTRATION

Only credit card payments (Visa and MasterCard) are accepted.  
M-F 8AM-5PM  
Sat-Sun: Closed

MAIL



### MAIL IN YOUR REGISTRATION

Visa, MasterCard and checks are accepted. Please include your completed registration form and mail to:  
Recreation Department  
549 Main Street  
Placerville, CA 95667

FAX



### FAX IN YOUR REGISTRATION

Only credit card payments (Visa and MasterCard) are accepted. Fax-in completed and signed registration form with credit card number and expiration date to:  
(530) 642-5236

### INSTRUCTORS NEEDED!

We are always looking to expand our program offerings. If you have a special talent or skill that you would like to share with others, please complete a class proposal form and submit to the Recreation Coordinator at 549 Main St. Placerville, CA 95667.

To download a proposal form online, please visit [www.cityofplacerville.org](http://www.cityofplacerville.org), Recreation and Parks, Adult Special Interest Classes

### GUARANTEED FUN!

If you are not satisfied after attending the first program meeting in a multiple day class, we will transfer you to another program or give you a full refund.

### WE WANT HAPPY CUSTOMERS!

- If you are not satisfied with a program, we NEED to know so that we can make improvements. Your comments are important to the success of all our activities. Full refunds may be processed if requests are submitted to the Recreation and Parks Department prior to the second program meeting if the class has more than one day.
- Refunds may take 2-4 weeks from date of processing.

# Placerville Recreation Program Registration Form

Please submit form with payment to: **City of Placerville Recreation Department, 549 Main Street, Placerville, CA 95667.** Participant or legal guardian must complete the form in its entirety prior to the first class meeting.

**Responsible Party Information:** (please sign below)

Receipt No. \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/St: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Eve Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Participant Name	Birth Date (If under 18)	Class #	Class Name	Start Date	Start Time	Fee

T-shirt size if applicable: **Youth:** \_\_\_ S \_\_\_ M \_\_\_ L **Adult:** \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL

T-shirt Fee (if offered)

**Method of Payment:**

**Total Fee:**

Cash       Check-Payable to City of Placerville

Visa       MasterCard      # \_\_\_\_\_      Exp. Date: \_\_\_\_\_

I would like to contribute to the Recreation for Youth Fund. Enclosed is my check in the amount of \_\_\_\_\_

**RETURNED CHECKS: THERE IS A \$25 CHARGE FOR ALL RETURNED CHECKS**

"I, \_\_\_\_\_ the undersigned named individual(s) do hereby acknowledge that I have voluntarily agreed to participate in the aforementioned activity(ies). As consideration for my being permitted by the City of Placerville and its Recreation and Parks Department to participate in the aforementioned activity(ies), I hereby agree that I, will not make a claim against or sue the City of Placerville or any of its employees, agents or contractors for injury or damage resulting from the negligence or other acts howsoever caused by the City or its employees, agents or contractors as a result of my participation in the above-named activity(ies). I hereby release the City of Placerville, its agents, employees and contractors from all actions, claims or demands that I may now have or hereafter have for injury or damage resulting from my participation in the above-named activity(ies). I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and a contract between myself and the City of Placerville and sign it of my own free will. I further acknowledge that the City of Placerville does not provide medical insurance for participants in the above named activity(ies) in the event of any injury incurred as a result of said participation. Cancellations and transfers must be done prior to the second program meeting. There is a \$25 charge for returned checks.

Participant Signature  
(or parent if under age 18)

Date

Print Name

**Classes may be cancelled due to lack of enrollment. Please pre-register so classes are not cancelled unnecessarily.**



Placerville Recreation  
& Parks Dept.  
549 Main Street  
Placerville, CA 95667

Prst. Std  
US Postage  
PAID  
Permit No. 5  
Auburn, CA  
95603

# 29th Annual Spring Fishing Derby and Casting Contest

**Saturday, April 9, 2016**

**Lumsden Park  
Fishing Times**

9-11 AM (Toddler-2nd Grade)

11 AM-1 PM (3rd-8th Grade)

### Awards

Awards will be given for the longest fish in each of these age categories:

Pre-School, K-2nd Grade

3rd-5th Grade, 6th-8th Grade

### FREE Registration!

This fun event is open to all children through the 8th grade.

Be sure to bring the whole family! The El Dorado County Fish and Game Commission will stock Lumsden Pond with Rainbow Trout. The Placerville Lions Club will conduct a FREE Casting Contest for all participants.

The Placerville Kiwanis Club will also provide a hot dog and soft drink to all participants.

A Fishing License is not required during the Fishing Derby only. The Fishing Derby is held rain or shine! Limit of four fish per participant. All participants should bring their own fishing equipment. No fee or pre-registration required.

### Sponsored By:

Placerville Recreation and Parks Department  
El Dorado County Fish and Game Commission  
Placerville Kiwanis Club  
Placerville Lions Club

For more information, please call the Placerville Recreation Department at (530) 642-5232.

